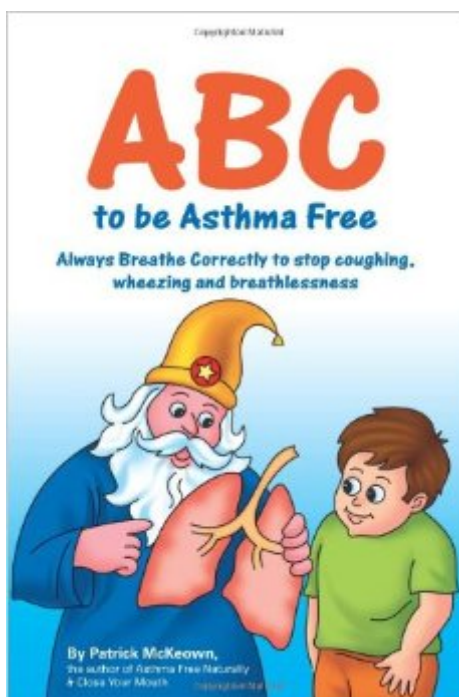


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ABC To Be Asthma Free. Buteyko Clinic Self Help Book For Children



Book Information

Paperback: 30 pages

Publisher: Asthma Care; Newest version just published 2016 edition (2004)

Language: English

ISBN-10: 0954599624

ISBN-13: 978-0954599621

Product Dimensions: 6.6 x 0.1 x 7.9 inches

Shipping Weight: 3.5 ounces

Average Customer Review: 5.0 out of 5 stars Â See all reviews Â (1 customer review)

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Customer Reviews

It has helped a lot in managing the asthma of my daughter, although at times we had to resort to medication. We have not yet followed the complete program. Not a substitute of the big book with all the explanations, but this one helps in making children understand what they have to do.

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